

Annual Report

2021-2022

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President's Message



Since 1995, the Women's Foundation has been continuously parenting underprivileged children from different parts of Nepal. Currently, 87 children at WF Home have been provided with all the necessary resources to ensure they meet all their basic needs with the help of kind-hearted people from different nooks of the world. WF Home has been providing proper care, home, love, quality food, health facility, clothing, counseling, and education to our children, helping them become the building blocks of the society. We are very proud to share that many children who grew up at Home with the WFN family, are now living a standard life in different fields in different parts of the world.

With this, I would like to express my sincere appreciation to the GLS Future Foundation for Development for all of your continuous great help. Out of 145 children, 95 children are sponsored through GLS Future Foundation. None of these accomplishments would have been possible without the incredible support and generosity of our members, volunteers, and donors. Your unwavering commitment to our organization and its mission has been truly inspiring, and we are deeply grateful for your continued support. We remain committed to our mission of making a positive difference in the lives of those we serve, and we are confident that with your support, we will continue to achieve great things in the years to come.

Thank you again for your ongoing support, and we look forward to continuing this journey together.

KAMALA UPRETI
PRESIDENT

THE WOMEN'S FOUNDATION (FOUNDATION FOR THE SOLIDARITY AND DEVELOPMENT OF WOMEN)

In 1988, the Women's Foundation of Nepal was established as a non-profit and non-government organization by a group of students. The Women's Foundation Nepal is based in Kathmandu and has district offices in Bhaktapur, Sunsari, Kavre, Jhapa, Sindhupalchok, and Dolakha. WFN provides women and children with a safe Shelter Home and covers all their needs, for example, access to educational opportunities, skills training, and ultimately a proper job. The women and children are provided with medical, psychological, and legal assistance. The WFN is active in many ways to support women and children in Nepal. Training of women in rural areas, micro-credits, legal assistance, and scholarships for poor and needy children are other important things to empower women and children to shape their future. Our work with the children involves moving them to a safe environment and sponsoring their education. We aim to remove children from the risk of child labor and child abuse. We intend to provide a new beginning and educational environment to the children. It is aimed to bring about a positive change not only in their lives but in society as a whole.

Mission and Objectives: The Women's Foundation of Nepal has a clear mission to improve the lives of women and children in Nepal by providing them with access to education, healthcare, and other basic needs. The foundation's objectives include empowering women and girls to become self-sufficient, raising awareness about women's rights and gender equality, and advocating for policy changes that benefit women and children in Nepal.

Future Plans: The Women's Foundation of Nepal has ambitious plans for the future. These include expanding its programs and services to reach more women and children in need, strengthening its partnerships with other organizations, and advocating for policy changes that will improve the lives of women and children in Nepal. The foundation is committed to continuing its important work and making a lasting impact on the lives of women and children in Nepal.

WF HOME OBJECTIVES



BASIC NEEDS

to provide safe, stable and nurturing family life experience with food, clothes, & health facilities

EDUCATION

to provide a new beginning with quality education for a bright future of the children

HEALTH

to provide children with regular health checkup, sanitation items and treatment if necessary.

RISK REDUCTION

to support special care and protection needed children from the risk of child labor and child abuse

MAINSTREAM

to mainstream the underprivileged children in the national building by providing care, support, protection & life skills

PERFORMED ACTIVITIES

- Identification of special care and protection needed unprivileged children.
- Providing Safe Shelter,
- Healthy Food,
- Clothing,
- Health & Sanitation,
- Counseling ,
- Education & Stationary,
- Recreational Activities &
- Life skills programs



Total children
145

Sponsored
children
108

Not
Sponsored
children
37

SPONSORSHIP INCREASED BY 6.7%

We are proud that the sponsorship has been increased by 6.7% this year. Among them 93 children are sponsored by GLS Future Foundation for Development. And our target is to reach 100% sponsorship i.e. each child.

Staff & Members in the WF home



The WF home is a residence for women and children who need a safe and secure environment due to various circumstances. The WF home accommodates 87 children for a long term providing all the basic needs and 17 women who are the survivors of domestic stay for a short-term period of approximately 3 months. The facility is staffed by 11 dedicated and caring professionals responsible for ensuring the home's well-being and safety.

The staff members at the shelter home have different roles and responsibilities, all of which are essential for the smooth functioning of the facility.

- **Guards:** The two guards are responsible for ensuring the security of the facility and the safety of the WF Home. They monitor the premises around the clock and take appropriate action if necessary.
- **Cook:** The cook is responsible for preparing nutritious meals for the children, women and staff members. He/she plans menus, shops for groceries, and prepares nutritious food everyday.
- **Caregivers:** There are two caregivers who provide assistance and support to the children. They help with daily living activities, such as bathing, dressing, and grooming, and provide emotional support and companionship.
- **Home Coordinator:** The coordinator is responsible for managing the day-to-day operations of the facility. They oversee the staff, ensure that the facility is properly maintained, and work with external agencies to obtain necessary resources.
- **Counselor:** The counselor provides mental health and emotional support to the children and women, particularly those who have experienced trauma or abuse. They help residents deal with emotional and psychological issues, and provide guidance and referrals for additional services if needed.
- **Tutors:** Two tutors provide educational assistance to the children in the WF home. They help with homework, provide individualized attention to each child, and create a supportive and stimulating learning environment.
- **Helpers:** The two helpers are responsible for assisting with the day-to-day tasks of the facility, such as cleaning, laundry, and maintenance. They ensure that the facility is clean, comfortable, and safe for the member living in the WF Home.

ACHIEVEMENTS

- Children and women have access to the fundamental necessities required for survival and well-being. This includes access to adequate food, clean water, safe shelter, and basic healthcare.
- Providing access to quality primary education for children who would otherwise be unable to attend school.
- Supporting and promoting educational opportunities for children who may face financial or other barriers to accessing basic education, vocational training, and higher education.
- Providing access to basic healthcare services for the children by addressing physical health, and mental health, through the provision of vaccinations, medical care, counseling, support groups, and other resources.
- Offering counseling, mental health support, and other resources to help underprivileged children overcome trauma, abuse, or other adverse experiences.

CHALLENGES

- **Funding:** One of the primary challenges faced by WFN is securing adequate funding to sustain its programs and initiatives.
- **Government Regulations:** WFN has to navigate complex government regulations to carry out any programs, which are time-consuming and costly. There arise many hurdles and obstacles with the policies of government because of frequent changes in government and leaders.
- The pandemic has disrupted many aspects of our daily lives. With many employees and volunteers unable to work due to illness or quarantine measures, we are facing a shortage of volunteers and staff to help us deliver our programs and services. This has made it challenging for us to meet the increasing demands for our services, especially as the pandemic continues to impact communities around the world.
- Due to the increasing inflation rate, WFN has to go through reduction in donations, increased costs, Increased Operating Costs, difficulty in attracting and retaining volunteers, increased demand for services, and funding cuts.

The WF home for women and children is an essential resource who require temporary assistance and support. The dedicated staff members provide a safe, nurturing, and educational environment for the members, and work tirelessly to ensure that the facility is properly maintained and staffed. While there are challenges that must be addressed, there are also opportunities for growth and improvement that will allow the WF home to continue to provide essential services for those in need.

MAJOR ACTIVITIES



AWARDED BY CNI-LEADERSHIP FORUM

Kamala Upreti, President has been awarded by the Confederation of Nepalese Industries for making an exemplary contribution to the society by providing free legal services, skill development training and providing job opportunities for women in need.



HEALTH AWARENESS & SANITARY PAD DISTRIBUTION

Information about mensural hygiene was provided along with the sanitary pad sets for their personal hygiene management in the WF Home.



LEGAL AWARENESS PROGRAM ON CHILD RIGHTS

The Women's Foundation held the legal awareness program in WF Home, where the advocates aims to empower the women and girls with the knowledge of their legal rights and duties.



8th MARCH: CELEBRATION

The Women's Foundation has celebrated 8th March (International Women's day) in coordination of local government at the premises of WF Home. This year, WF Home has been recognized as one of the best homes for children from the local government.

MAJOR ACTIVITIES



HARVESTING PRACTISE

At WF Home, following Nepalese customs, there was the planting of paddy, singing the song, and eating Dahi Chiura (Yogurt & Beaten Rice) with other dishes. All the children & women were involved to plant paddy and preserve the tradition in an excitement.



GRADE 10: SEE

The National Examination Board (NEB) has published Class 10 SEE result of 2079. We are very delighted and proud about the outstanding results of Secondary Education Examination (SEE) of WF Home children. They deserve the best future and we wish everyone a bright and successful future !



DASHAIN & Tihar 2022

Children from the WF Home were in the solidarity home and received a tika and blessings from Kamala Upreti. It is a national festival to get blessings from senior family members. At Home, the national festivals Dashain & Tihar were celebrated with a lot merry !



Holi festival of color

Holi is one of the interesting and entertaining festival for children and youth. it is also called a festival of color remarking the victory over evil. Children in WF Home celebrated Holi by smearing the colors over their face and body, throwing lolas (water balloons) and water at each other, dance, and enjoy traditional sweets and snacks.

MAJOR ACTIVITIES

EDUCATIONAL TOUR & TRIP



Educational tours and trips can provide students with valuable experiences outside of the classroom, allowing them to see the world and learn in new and exciting ways. Children from different classes of WF Home visit different places from their schools/colleges for educational tours.

MONITORING & EVALUATION



The Social Divisions of Kathmandu Metropolitan City, Kageshori Manohara Municipality and ward representatives team including Mayor visited WF Home and gave positive feedback on the policies and strategies. They gave short speeches and the children also shared their opinion. It is an annual process of monitoring the work activities of any projects.

RECREATION ACTIVITIES



During school vacations, children from WF Home are involved in recreational activities such as swimming, tour, movies, park visit, and many more for their refreshment of mind. Our team believe that every children deserves recreational activities for the psychological development.

VISIT OF SPONSORS



We would like to extend our warmest pleasure to welcome WF Home donors and sponsors to meet the sponsored children. We were delighted to have the opportunity to meet our sponsors and donors which increases the proximity between foster parents or sponsors and foster children or sponsored children. There is a huge impact that your support has had on the lives of our young girls !

We couldn't have done it without your generous Support

ACKNOWLEDGEMENT

For the continuous compassionate love, care, and support, we would like to express our whole-hearted gratitude to the GLS Future Foundation for Development. Your valuable funding has enabled us to carry out numerous projects that have had a significant impact on the lives of many children; women and their families; and communities in different districts of Nepal. Through your contribution, we have been able to provide vital resources and support to help women become self-sufficient, empowering them to improve their own lives and those of their families. We would like to express our sincere thanks for your unwavering support and generosity. Together, we can continue to make a positive difference in the lives of women and families in Nepal.

Thank you from the bottom of our heart !

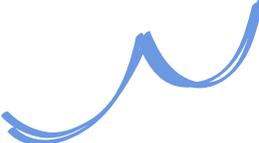
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